

CASES & CLOTHING - PER PERSON	GENERAL - PER PERSON / PER FAMILY	TOILTRIES - PER PERSON / PER FAMILY
Suitcase - hold - 20 kgs -158 cms	BRIEF CASE or LAPTOP BAG or HANDBAG	Waterproof Toiletry bag OR Sturdy zip-lock bag
Suitcase - cabin - 7 kgs -115 cms		
Day-pack / money -belt	Wallet	Bath soap / shower gel <50mls
Packets - Dirty and/or wet laundry	Cash - local / international / home	Hair shampoo / conditioner <50mls
	Credit cards - local / international / home	Aftershave lotion / perfume <50mls
Blazer / polar-fleece jacket		Hand lotion / Sun block <50mls
Windcheater / raincoat	Original documents PLUS copies in a file	
	** Passport & Visa	
Trousers / jeans	** Airline / train / bus tickets	Sturdy zip-lock bag
Active pants / track-suit	** Driver's License - International / Q / Home	Face-cloth / sponge
T-shirts - long / short	** Credit cards - Qatar / Home	Shower cap
Cotton shirts - long / short	**Accommodation - reservations / letters	Tooth - brush / paste / charger / floss
Golf shirts - long / short	**Medical Insurance - member's card / certificate	Tweezers
Underpants / long-johns	** Medical prescription - for routine medication	Universal bath-plug
Socks	**Maps & Timetables - City / Train / Metro / Bus	Tissues
Vests	**Daily itinerary	Cotton Buds
Pajamas	**Emergency contact details	Medication - prescription / in original package
	** Qatari Exit permit	Medication - pain / allergy / DVT / enteritis
Shoes in packets - smart / walking / sandals	** Business cards	Lip-salve / make-up
Belts	** Passport photos - international spares	Nail - brush / clip / file / emery board
		Hair - brush / comb / clips / elastics / bands / bandana
Swimming costume - in plastic packet	Laptop computer + bag / cables / adapter plug / modem	
	Camera & cable + charger /adapter plug	
Rain jacket / Umbrella	Mobile phone + charger / adapter plug	OTHER ITEMS – PERSONAL CHOICE
Beanie / gloves	GPS + charger / adapter plug	??
Scarf / pashmina / sunhat		??
	Pen / paper	
+ LADIES	Cable ties / Locks / Keys - house / car / cases	
Skirts - long black / denim	Spectacles / case - spare set / prescription	
Underwear	Sunglasses / case	
Tights / knee-hi's	Tissues / wet-wipes	